Is bilingualism associated with enhanced executive functions? A meta-analysis

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Bilingualism has been associated with superior performance in tasks requiring executive functions (EF), presumably reflecting bilinguals' massive experience of managing the two languages. However, despite extensive investigation, research has not produced a comprehensive picture on the nature of the putative bilingual advantage. Moreover, the field has been found to suffer from publication bias. The aim of this meta-analysis was to study in which EF domains and tasks, if any, the advantage is consistently observed. In an analysis of 152 studies and 891 effect sizes, we also considered a number of study-, task-, and participant-related variables previously suggested to moderate the effects.

Post-seminar from 17.00 at Restaurang Professorn, Professorsslingan 13, Lappis <restaurangprofessorn.se>. Everyone is welcome to continue the discussion with Professor Lehtonen over drinks and snacks (at cost price)!

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